

2024 届上海市 16 区高三英语一模分类汇编

写作

2024 届上海市虹口区高三上学期一模英语试卷

VI. Guided Writing

Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

假设你是明启中学高三学生赵磊，你们班最近与国际伙伴校的同学共同开展了一个团

队项目，但目前的合作效果并不理想。项目负责人 Mr. Johnson 请你负责在中方同学的范围内调查原因。你发现有些同学对团队中的角色分配不满意，有些同学觉得团队沟通存在问题。请给 Mr. Johnson 写一封邮件，内容必须包括：

1. 简述同学们的反馈；
2. 向 Mr. Johnson 提出改进建议并说明理由。

2024 届上海市崇明区高三上学期一模英语试卷

VI. Guided Writing

Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

76. 假设你是明启中学高三学生徐晶，学校最近就如何组织好每天上午 30 分钟的大课间活动征求全校学生的意见。你给负责的王老师写一封电子邮件，内容包括：

- 有关组织大课间活动的建议；
- 你的理由。

注意：不要在邮件中提及你的真实姓名和学校等相关信息。

2024 届上海市金山区高三上学期一模英语试题

VI. Guided Writing

76. Directions: Write an English composition in 120—150 words according to the instructions given below in Chinese.

假设你是明启中学高三学生李华。学校将举办运动会，你班拟从以下三个方案中选其一参加开幕式的节目表演：中国传统乐器演奏（如古筝、二胡等等）；中国传统服饰秀（如汉服、旗袍等等）和中国传统才艺展示（如民族舞、武术等等）。现征求全班同学意见。给班主任写封邮件，内容须包括：

1. 你的选择；
2. 你的理由。

（文中不要出现真实姓名和学校名称）

2024 届上海市奉贤区高三上学期一模英语试题

VI. Guided Writing

Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

假如你是明启中学学生李华，你校正在举行青少年模拟政协(Model CPPCC)提案征集活动，其中一项提案是将中国传统节日重阳节(The Double Ninth Festival)设为国定假日请就该提案写一封信给模拟政协主席，内容需包含：

1. 你是否支持此提案；
2. 你支持或反对此提案的理由

2024 届上海市黄浦区高三上学期一模英语试题

VI. Guided Writing

Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

假设你是明启中学高三学生李明。你校英语社团公众号正在举行主题为“我的 2023”的征文活动，写一篇文章投稿。在文中，你必须：

1. 描述一件你今年亲身经历且让你有所成长的事情；
2. 说明这件事对你的意义。

2024 届上海市宝山区高三上学期一模英语试题

VI. Guided Writing

76. Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

你们英语老师每周都会让同学们轮流用英语做值日生报告，大家在给全班同学展示的时候，有些同学喜欢写好稿子朗读，有些同学偏向背诵，还有些同学倾向于直接口头表达。请给英语老师写一封邮件，告诉老师你喜欢哪种呈现方式，以及相关的理由。你的文章必须包括：

- 简单描述你喜欢的呈现方式（不仅限于上面三种方式）
 - 陈述你选择这种方式的理由或你所选择方式的优势
- （文中不得出现真实姓名和学校名称）

2024 届上海市静安区高三上学期一模英语试题

VI. Guided Writing

Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

76. 在不断发展的教育环境中，学生们在课堂上记笔记的方式也发生了显著的变化。为了更深入地了解这一趋势，明启中学学生会决定展开一项有关“高中生记笔记方式”的调查，想了解高中生在课堂上更青睐使用传统纸笔记还是现代高科技产品拍照记笔记。假设你是李华，请给学生会写一封邮件表达你的想法。你的邮件必须满足以下要求：

- 你的选择；
- 你的理由。

注：文中不得提及你的真实姓名或学校。

2024 届上海市闵行区高三上学期一模英语试题

VI. Guided Writing

Directions: Write an English composition in 120 - 150 words according to the instructions given below in Chinese.

假设你是明启中学的李华，你们学校正在开展“花香进校园”活动，一方面开设园艺选修课，让学生了解花的习性；另一方面人人动手实践，用花装扮校园，创建优美的生活学习环境。请你写一封邮件给你的英国笔友 Jim，介绍此次活动。

你的邮件须包括：

1. 对该活动的简要描述；
2. 举例说明该活动对你的影响。

2024 届上海市青浦区高三上学期一模英语试题

VI. Guided Writing

Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

76.

假设你是浦润中学高三学生李青。学校社团就本学期开展的“经典作品阅读（Classics reading）”活动发起征文。主题是：Classics connect me and _____。征文要求如下：

- 根据主题补全标题；
- 阐述二者（classics 和“_____”）的联系及其对你（“me”）的影响

（注：文中不得出现真实的姓名及学校名称。）

2024 届上海市松江区高三上学期一模英语试题

VI.Guided Writing

Directions:Write an English composition in 120—150 words according to the instructions given below in Chinese.

76.假设你是明启中学的高三学生吴磊。为了提高你校英文阅览室的使用率，该阅览室负责人 Mr.James 正向全校学生征求意见。请你给 Mr James 写一封电子邮件，你需要在邮件中：

- 1)分析英文阅览室使用率不高的原因；
- 2)提出相应的改进建议。

2024 届上海市徐汇区高三上学期一模英语试题

VI. Guided Writing

Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

随着中国传统文化越来越受到国人的重视，例如中国的各种传统节日，它们充满了中国的历史、理念、哲学思考和善良的中国人对人性的深刻认知和理解。假如你是中华中学的学生李敏，关于这个话题在知乎上写一篇文章，谈谈你的看法，题目自拟。你的文章必须包括：

1. 选择一项中国传统节日和一项西方节日进行对比
2. 谈谈你对中国传统文化的理解

2024 届上海市长宁区高三上学期一模英语试题

VI. Guided Writing

Directions: Write an English composition in 120 - 150 words according to the instructions given below in Chinese.

AI 技术日新月异，有些职业比如翻译可能将被人工智能翻译软件所替代。因此，你认为未来还有学习外语的需要吗？为什么？请写一篇短文说明你的观点。

2024 届上海市嘉定区高三上学期一模英语试题

VI. Guided writing(25 分)

Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

假如你是明启中学的高中学生李华，你在报纸上读到这样一则新闻：一个景区为解决游客爬山累的问题，在岩石之间架起了一条条自动扶梯(见右图)，游客可实现“无痛爬山”。请以李华的口吻给该报纸编辑写一封邮件要求：

1. 介绍一下你在报纸上看到的内容；
2. 自己针对此事的态度以及理由。

注，自动扶梯 escalator



2024 届上海市浦东新区高三上学期一模英语试题

VI. Guided Writing (25 分)

76. Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

近期，“消失的课间十分钟”问题引发社会持续热议。有些学校规定，学生在课间除了上厕所、喝水之外，不允许离开教室。请对此现象发表你的看法。你的作文须包括：

1. 简要分析该现象背后的原因；
2. 结合自身经历，谈谈如何“唤醒”课间十分钟。

2024 届上海市普陀区高三上学期一模英语试题

VI. Guided Writing

Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

76. 假设你是明启中学高三学生吴磊，你的英国朋友迈克尔(Michael)来信说他打算参加所在城市伦敦举办的中国文化节活动，并在活动中用汉语介绍中国文化，但他似乎信心不足，且就主题的选择犹豫不决。请你从下列主题中推荐一项：中国传统节日、中国文字发展、中国民族音乐。请你给他回信，内容需包括：

- 1) 帮助他树立信心；
- 2) 你的推荐及理由

2024 届上海市杨浦区高三上学期一模英语试题

VI. Guided Writing

Directions: Write an English composition in 120-150 words according to the instructions given below in Chinese.

假设你是美国一所中学的学生 Sam，最近你班要召开一次主题为“不让霸凌成为青春的一道疤”的班会。根据主题内容，写一篇发言稿（所给材料可供参考）。

Here are the national statistics about bullying in the USA

- About 20% of students aged 12 - 18 experienced bullying nationwide.
- Students aged 12 - 18 who reported bullied said they thought those who bullied them:
 - had the ability to influence other students' perception of them (56%)
 - were physically stronger or larger (40%)
 - had more money (31%)

Word box:

bully v./n. 恐吓；伤害；恃强凌弱者

参考答案

2024 届上海市虹口区高三上学期一模英语试卷

Dear Mr. Johnson,

I have investigated the reasons behind the lack of effectiveness in our team project with our international partner school, as requested. Feedback from my Chinese classmates suggests two main issues.

Firstly, some students are dissatisfied with the role allocation within the team. They feel that roles were not assigned based on individual strengths and abilities, leading to reduced motivation and productivity.

Secondly, there are communication problems within the team. Language barriers and cultural differences make it challenging to express ideas and understand each other's perspectives.

To improve the situation, I recommend two actions. Firstly, conduct a thorough evaluation to reallocate roles based on each student's expertise and skills. This will ensure that everyone feels valued and can contribute effectively. Secondly, organize team-building activities and workshops on cross-cultural communication to enhance understanding among team members.

Implementing these suggestions should address the current challenges we face. Thank you for considering my recommendations. I look forward to your guidance on how to proceed.

Sincerely,

Zhao Lei

【导语】本篇是应用文写作。你们班最近与国际伙伴校的同学共同开展了一个团队项目，但目前的合作效果并不理想。项目负责人 Mr. Johnson 请你负责在中方同学的范围内调查原因，要求考生给 Mr. Johnson 写一封邮件汇报调查结果和提出改进建议。

【详解】1. 词汇激活

表明：suggest→show

首先：firstly→to begin with

改进：improve→promote

确保：ensure→make sure

2. 句式拓展

简单句变复合句

原句：Secondly, organize team-building activities and workshops on cross-cultural communication to enhance understanding among team members.

拓展句：Secondly, organize team-building activities and workshops on cross-cultural communication, which can enhance understanding among team members.

【点睛】[高分句型 1]They feel that roles were not assigned based on individual strengths and abilities, leading to reduced motivation and productivity.(that 引导的宾语从句)

[高分句型 2]This will ensure that everyone feels valued and can contribute effectively.(that 引导的宾语从句)

2024 届上海市崇明区高三上学期一模英语试卷

76. One possible version:

Dear Mr. Wang,

I am Xu Jing, a senior student. I am writing to share some suggestions regarding how to organize our daily 30-minute mid-morning break activities.

I suggest incorporating a variety of activities during the break time. This could include physical activities like sports, dance or yoga sessions, as well as creative activities such as art workshops or music clubs. Providing diverse options would cater to different interests and allow students to choose activities that they enjoy and find beneficial. In addition, it would be great to involve student clubs and organizations in organizing these activities. This not only offers opportunities for student leadership and teamwork, but it also ensures a wider range of options and promotes a sense of belonging among students.

I believe implementing these suggestions would make our mid-morning break more enjoyable and productive. Thank you for taking the time to consider my suggestions.

Sincerely,

Xu Jing

【导语】本篇书面表达属于应用文。题目要求考生给负责征求如何组织好每天上午 30 分钟大课间活动意见的王老师写一封电子邮件，需陈述个人对于组织大课间活动的建议，并提供相应的理由。

【详解】1. 词汇积累

关于：regarding→concerning/with regard to

各种各样的：a variety of→various/a wide range of

选择：choose→pick/select

确保：ensure→guarantee/secure

促进：promote→advance/facilitate

2. 句式拓展

简单句变复合句

原句：I suggest incorporating a variety of activities during the break time.

拓展句：It is suggested that a variety of activities during the break time should be incorporated.

【点睛】[高分句型 1] Providing diverse options would cater to different interests and allow students to choose activities that they enjoy and find beneficial. (运用了动名词短语作主语、that 引导限制性定语从句)

[高分句型 2] I believe implementing these suggestions would make our mid-morning break more enjoyable and productive. (运用了 that 引导宾语从句并被省略、动名词短语作从句的主语)

2024 届上海市金山区高三上学期一模英语试题

76. Dear Sir or Madam,

I am writing to express my opinion on the upcoming opening ceremony performance for our school's sports meet. I suggest that our class participate in the Chinese traditional instrument performance, such as playing guzheng or erhu.

Firstly, this choice will allow us to showcase our cultural heritage and appreciation for traditional Chinese music. Instruments like guzheng and erhu are

emblematic of Chinese culture, and their unique sound and music have been popular around the world for generations. Secondly, the instrument performance will also provide a unique and exciting break from the usual sports-related activities.

In conclusion, I believe that our class participating in the Chinese traditional instrument performance will not only enrich the cultural diversity of the opening ceremony but also present a unique opportunity for us to share our cultural identity with the rest of the school. Thank you for considering my suggestion.

Yours,

Li Hua

【导语】本篇书面表达属于应用文。假设你是明启中学高三学生李华。学校将举办运动会，你班拟从以下三个方案中选其一参加开幕式的节目表演：中国传统乐器演奏（如古筝、二胡等等）；中国传统服饰秀（如汉服、旗袍等等）和中国传统才艺展示（如民族舞、武术等等）。现征求全班同学意见。给班主任写封邮件。

【详解】1.词汇积累

表达：express→convey

建议：suggest→recommend

机会：opportunity→chance

总之：in conclusion→in short

2.句式拓展

同义句转换

原句：Instruments like guzheng and erhu are emblematic of Chinese culture, and their unique sound and music have been popular around the world for generations.

拓展句：Not only are instruments like guzheng and erhu emblematic of Chinese culture, but also their unique sound and music have been popular around the world for generations.

【点睛】[高分句型 1] I suggest that our class participate in the Chinese traditional instrument performance, such as playing the guzheng or erhu. (运用了 that 引导宾语从句)

[高分句型 2] In conclusion, I believe that our class participating in the Chinese traditional instrument performance will not only enrich the cultural diversity of the

opening ceremony but also present a unique opportunity for us to share our cultural identity with the rest of the school. (运用了 not only...but also...句型)

2024 届上海市奉贤区高三上学期一模英语试题

Dear Chairman of the Model CPPCC,

I am writing to express my support for the proposal of designating the Double Ninth Festival as a national holiday. As a student of Mingqi High School, I believe that this traditional Chinese festival holds significant cultural value and deserves more recognition and celebration.

Firstly, by establishing the Double Ninth Festival as a national holiday, we can preserve and promote our rich cultural heritage. This festival, also known as the Chongyang Festival, is not only a time for family reunions but also an occasion to honor and respect the elderly. By granting it national holiday status, we can encourage families and communities to carry out traditional customs, such as visiting elders, climbing mountains, and appreciating chrysanthemums. This will contribute to the preservation and passing down of our traditional values to future generations.

Secondly, recognizing the Double Ninth Festival as a national holiday can enhance social harmony and cohesion. In today's fast-paced and modern society, many people are occupied with work and personal commitments, often neglecting the importance of spending quality time with family and showing filial piety to the elderly. Designating this festival as a holiday will create opportunities for people to pause, reflect, and reconnect with their roots. This can help strengthen family bonds, foster a sense of unity within communities, and ultimately contribute to a harmonious society.

In conclusion, I wholeheartedly support the proposal to make the Double Ninth Festival a national holiday. It is an excellent initiative to preserve our cultural heritage and promote traditional values while fostering social harmony. I urge the Model CPPCC to give due consideration to this proposal and make a collective effort to honor and celebrate our traditional festivals.

Yours sincerely, Li Hua

写作框架

1. 开头：表达对将重阳节设为国定假日的支持，并介绍自己的身份和背景。
2. 主体段落 1：强调重阳节的文化价值和传统习俗，以及为何应该保护和传承这一节日。
3. 主体段落 2：阐述重阳节作为国定假日能够增进社会和谐和凝聚力的原因。
4. 结尾：重申对将重阳节设为国定假日的支持，呼吁模拟全国政协认真考虑这一建议。

思路点拨

1. 开头可以简要介绍自己的身份和支持的立场，例如作为一名学生或拥趸传统文化的人。
2. 在主体段落 1 中，可以提到重阳节的历史渊源和突出的传统习俗，如探望长辈、登高赏菊等，强调这是重阳节需要被保护和传承的文化价值。
3. 主体段落 2 可以从现代社会缺乏与家人团聚和孝敬长辈的机会出发，阐述将重阳节设为国定假日有助于提升社会和谐和家庭凝聚力，可以列举相关的调研或事实论证支持。
4. 结尾部分再次表达对此建议的支持，强调重阳节作为国定假日的重要性，并号召政协委员对此做出深入考虑。

整篇文章应清晰表达对将重阳节设为国定假日的支持，并结合相关论据和例子来加强说服力。文章语言要简洁明了，抓住核心论点，切忌概念混淆或累赘的叙述。最后，要以积极热情的口吻呼吁政协委员认真考虑这一提议，突出其重要性和对社会的潜在影响。

2024 届上海市黄浦区高三上学期一模英语试题

As a senior student at Mingqi High School, I have had numerous experiences this year that have contributed to my personal growth. However, there is one particular event that stands out above the rest.

Earlier this year, I participated in a volunteering program organized by our school. We visited a local orphanage and spent time with the children there. This experience had a profound impact on me. Interacting with those children who lacked

the love and care of a family made me realize the importance of compassion and empathy.

The time spent at the orphanage taught me valuable life lessons. It taught me to appreciate what I have and not take it for granted. It also made me more aware of the inequalities in society and ignited a desire within me to contribute towards creating a more inclusive and compassionate world.

This experience has had a significant meaning in my life. It has helped me develop a sense of gratitude and compassion towards others. It has also motivated me to actively engage in community service and make a positive difference in the lives of those less fortunate.

In conclusion, the volunteering experience at the orphanage in 2023 has been a transformative journey for me. It has shaped my perspective on life and instilled in me the values of empathy and kindness. I am grateful for this opportunity to grow as an individual and contribute to making the world a better place.

写作框架

引言：介绍你是明启中学高三学生李明，并提到英语社团公众号的征文活动主题为“我的 2023”。

描述亲身经历：详细描述一件今年你亲身经历的事情，可以是参加一个活动、面对一个挑战或者经历了一次改变。描述事件的背景、过程和结果，让读者能够了解你的经历。

说明对你的意义：解释这个经历对你的意义和影响。讨论它如何帮助你成长和发展，并具体提到它如何改变你的思维、观点或价值观。

强调价值观与行动：强调这个经历对你的人生观和价值观的影响，以及你打算如何在未来将这些观点付诸行动。例如，你可能会谈论如何更加关心他人，积极参与社区服务，或者促进社会公正和平等。

总结：总结你的经历和对它的评价。再次强调这个经历对你的成长和意义，并表达对未来的期望。

写作思路

选择一个具体的经历：选择一件你今年经历的事情，确保它对你的成长产生了积极的影响。

详细描写经历：用具体的细节和描述来展现这个经历，让读者能够感受到你所经历的情境和感受。

分析经历的意义：解释这个经历对你的成长和发展有何意义，如何改变了你的思维和观点。

强调行动计划：表达你在未来打算如何将这个经历的价值观付诸实践，以及你对未来的期望和目标。

使用连词和过渡语：使用适当的连词和过渡语来连接句子和段落，使文章更加流畅和连贯。

审查和修改：仔细检查文章中的语法错误和拼写错误，并进行必要的修改和润色。按照这个框架和写作思路，你可以展开描述你今年的亲身经历并说明其对你的意义。记得用清晰的语言和具体的细节来让读者能够深入理解你的故事，并通过合适的结构和过渡词使文章更具可读性。

2024 届上海市宝山区高三上学期一模英语试题

Dear English Teacher,

I hope this email finds you well. I wanted to express my thoughts on the various presentation styles we use as part of our weekly duties in class. When it comes to presenting, I personally prefer the approach of direct verbal expression.

While I acknowledge that each presentation style has its merits, I believe that choosing to speak without relying on a script or memorization offers certain advantages. First and foremost, it encourages spontaneity and enhances our ability to think on our feet. When we express ourselves verbally, it allows us to connect with our peers more authentically, fostering a sense of engagement and interaction within the classroom.

Moreover, verbal presentations can be a reflection of our genuine understanding of the topic. It demonstrates our confidence in the material and our ability to communicate it effectively. This method also provides the opportunity for natural

gestures and facial expressions, which can convey our emotions and enthusiasm, making the presentation more engaging for the audience.

In conclusion, I believe that opting for direct verbal expression provides a dynamic and engaging presentation style. It allows for better communication, spontaneity, and a deeper connection with the audience. I appreciate the opportunity to express my preference and believe it contributes positively to our learning experience.

Thank you for considering my perspective.

Sincerely,
Li Hua

解析

"I wanted to express my thoughts on the various presentation styles we use as part of our weekly duties in class."

"I wanted to express my thoughts": 我想要表达我的想法。

"various presentation styles": 各种呈现方式。

"as part of": 作为...的一部分。

"When it comes to presenting, I personally prefer the approach of direct verbal expression."

"When it comes to": 当涉及到，关于。

"I personally prefer": 我个人更喜欢。

"direct verbal expression": 直接口头表达。

"While I acknowledge that each presentation style has its merits, I believe that choosing to speak without relying on a script or memorization offers certain advantages."

"While I acknowledge": 虽然我承认。

"each presentation style has its merits": 每种呈现方式都有其优点。

"offers certain advantages": 提供了一定的优势。

"Moreover, verbal presentations can be a reflection of our genuine understanding of the topic."

"Moreover": 此外，而且。

"a reflection of": 是...的反映，表现。

"genuine understanding of the topic": 对主题的真正理解。

"This method also provides the opportunity for natural gestures and facial expressions, which can convey our emotions and enthusiasm, making the presentation more engaging for the audience."

"This method also provides the opportunity for": 这种方法还提供了机会。

"natural gestures and facial expressions": 自然的手势和面部表情。

"convey": 传达，表达。

"making the presentation more engaging for the audience": 使演示更具吸引力，让观众更感兴趣。

"I appreciate the opportunity to express my preference and believe it contributes positively to our learning experience."

"I appreciate the opportunity": 我感激这个机会。

"contributes positively": 积极地贡献。

"to our learning experience": 对我们的学习经验。

总的来说，这篇文章使用了正式和高级的语言来表达作者对特定呈现方式的偏好，并提供了充分理由。它展示了作者在用于正式电子邮件或交流的词汇和句型上的高水平掌握。

2024 届上海市静安区高三上学期一模英语试题

Dear Student Council,

I hope this email finds you well. I wanted to share my perspective on the topic of note-taking methods in today's evolving educational environment.

Personally, I believe that a combination of traditional handwritten notes and modern technological tools is the most effective approach for high school students. There are several reasons behind this choice.

Firstly, handwritten notes offer a more tactile and engaging learning experience. The act of physically writing down information helps with memory retention and comprehension. It allows students to organize thoughts, underline key points, and draw diagrams or illustrations, which can be beneficial in subjects like math and science.

On the other hand, modern technology can enhance note-taking in various ways. Using smartphones or tablets to take pictures of the board or important diagrams can be a time-saver and reduce the risk of missing crucial information. Additionally, digital note-taking apps allow for easy organization, searchability, and the ability to access notes from anywhere, which is convenient for studying and review.

In conclusion, a balanced approach that combines the traditional method of handwritten notes with the modern convenience of technology seems to be the most effective for high school students. This approach capitalizes on the strengths of both methods and can cater to the diverse needs and preferences of students in today's educational landscape.

Thank you for considering my viewpoint.

Sincerely,

Li Hua

解析

"evolving educational environment"（不断发展的教育环境）：

"evolving" 意为 "不断发展的", 强调了教育环境的变化和进化。

"a combination of traditional handwritten notes and modern technological tools" (传统手写笔记和现代科技工具的结合) :

"a combination of" 表示 "结合", 强调了两种不同记笔记方式的使用。

"handwritten notes" 意为 "手写笔记", 传统的学习方式。

"modern technological tools" 意为 "现代科技工具", 指的是数字设备和应用程序。

"The act of physically writing down information helps with memory retention and comprehension." (亲自书写信息有助于记忆和理解) :

"The act of physically writing down" 强调了实际书写的行为, 强调了这一做法的重要性。

"memory retention" 意为 "记忆保持", 指的是信息留在大脑中的能力。

"comprehension" 意为 "理解", 表示对学习材料的理解能力。

"Using smartphones or tablets to take pictures of the board or important diagrams can be a time-saver and reduce the risk of missing crucial information." (使用智能手机或平板电脑拍摄黑板或重要图表可以节省时间, 并降低错过关键信息的风险) :

"time-saver" 意为 "节省时间的工具", 强调了数字设备的效率。

"reduce the risk of missing crucial information" 意为 "减少错过关键信息的风险", 说明了数字设备在帮助学生避免遗漏重要信息方面的作用。

"a balanced approach" (平衡的方法) :

"a balanced approach" 表示采用平衡的方式, 综合考虑不同因素, 以达到最佳效果。

"This approach capitalizes on the strengths of both methods" (这种方法充分利用了两种方法的优势) :

"capitalizes on" 意为 "充分利用", 强调了该方法如何发挥两种方法的长处。

总的来说，这篇文章运用了多种高级词汇和复杂的句型，以表达作者对记笔记方式的看法。文章的表达方式既生动又清晰，以清晰的理由和论据支持作者的观点。

2024 届上海市闵行区高三上学期一模英语试题

Dear Jim,

I hope this email finds you well. I wanted to share an exciting initiative happening at my school, Mingqi High School, called "Bringing Fragrance into the Campus." I thought you'd find it interesting!

To give you a brief overview, our school has launched this project to promote a greener and more aesthetically pleasing environment. We've introduced horticulture elective courses where students can learn about the characteristics of various flowers, how to care for them, and their importance in our ecosystem. Alongside the theoretical knowledge, we're putting theory into practice. Every student, including myself, is actively participating in beautifying our campus with flowers. We're creating a vibrant, colorful atmosphere that enhances both our living and learning surroundings.

For instance, our biology class recently planted a garden of vibrant tulips near the school entrance. It's a breathtaking sight that greets us every morning. I've also been involved in a group project to design hanging flower baskets that now adorn the corridors. It's been an incredible hands-on experience, from selecting the flowers to arranging them beautifully. The presence of these flowers has not only brightened up our campus but also improved our overall mood and concentration. It's a refreshing change from the usual classroom environment.

In conclusion, this "Bringing Fragrance into the Campus" project has not only added natural beauty to our school but has also enriched our understanding of plants and

their impact on our daily lives. I'm sure you'd appreciate such an initiative that combines education, practical skills, and aesthetics. I can't wait to hear your thoughts about it!

Take care and talk to you soon.

Warm regards,

Li Hua

解析

"an exciting initiative"（令人兴奋的举措）：

"initiative" 意为 "举措" 或 "倡议"，在这里表示一个引人注目的项目。

"promote a greener and more aesthetically pleasing environment"（推动更绿色和更美观的环境）：

"promote" 意为 "推动" 或 "促进"。

"aesthetically pleasing" 意为 "美观的"，指的是外观令人愉悦的。

"horticulture elective courses"（园艺选修课）：

"horticulture" 意为 "园艺学"，指的是植物的栽培和管理。

"elective courses" 表示选修课程，即学生可以选择修读的课程。

"beautifying our campus with flowers"（用花装扮我们的校园）：

"beautifying" 意为 "美化"，指的是通过添加美丽的元素来提升校园的外观。

"creating a vibrant, colorful atmosphere"（营造一个充满活力和色彩的氛围）：

"vibrant" 意为 "充满活力的"，形容校园气氛。

"colorful" 意为 "色彩丰富的"，形容校园的外观。

"It's been an incredible hands-on experience"(这是一个令人难以置信的动手经验):

"hands-on experience" 意为 "实践经验", 强调了亲自参与并动手操作的重要性。

"brightened up our campus" (点亮了我们的校园):

"brightened up" 意为 "使明亮" 或 "变得更加愉悦", 形容了花卉的装点效果。

"refreshing change from the usual classroom environment" (与通常的教室环境不同的令人耳目一新的变化):

"refreshing change" 意为 "令人耳目一新的变化", 强调了花卉带来的新鲜感。

总的来说, 这篇文章使用了丰富的词汇和多样的句型, 以生动地描述了学校的园艺项目, 同时强调了其积极影响。文章旨在传达一个积极的信息, 同时展示了作者的表达能力和用词技巧。

2024 届上海市青浦区高三上学期一模英语试题

VI. Guided Writing

Classics Connect Me and the Essence of Humanity

Classics connect me and the essence of humanity. Throughout this semester, as I delved into the world of classic literature, I realized that these timeless masterpieces have a profound impact on my understanding of human nature and life itself.

Classics, whether written centuries ago or in the recent past, capture the essence of human experiences, emotions, and dilemmas. They are like windows into the hearts and minds of people from different eras and backgrounds. Through the words of classic authors, I have traveled to distant lands, experienced historical events, and felt the depth of human emotions like love, ambition, and resilience. These stories bridge the gap between generations and cultures, showing that despite our differences, we share common struggles, dreams, and desires.

As I immersed myself in classics, I realized that they serve as a mirror reflecting my own thoughts and feelings. They challenge my perspectives, broaden my horizons, and inspire me to reflect on my place in the world. They remind me that the human experience is universal and that the wisdom passed down through these works is timeless.

In conclusion, classics connect me with the essence of humanity by shedding light on the shared human experience, teaching valuable life lessons, and fostering empathy. They have become a source of wisdom and a compass guiding me through the complexities of life.

解析

"timeless masterpieces"（不朽的杰作）：

"timeless" 意为 "永恒的" 或 "不受时间影响的"，强调了这些文学作品的持久价值。

"masterpieces" 意为 "杰作"，指的是具有卓越艺术价值的作品。

"capture the essence of human experiences, emotions, and dilemmas"（捕捉人类经历、情感和困境的本质）：

"capture" 意为 "捕捉" 或 "抓住"，这里用来描述文学作品如何表现人类的本质。

"essence" 意为 "本质"，指的是人类经验和情感的核心。

"dilemmas" 意为 "困境"，表示人类在生活中面临的难题和抉择。

"windows into the hearts and minds of people from different eras and backgrounds"（窥视来自不同时代和背景的人们内心和思想的窗户）：

"windows into" 意为 "窥视" 或 "了解"。

"hearts and minds" 指的是人们的内心和思维，表示文学作品能够让我们深入了解他们的情感和思考方式。

"bridge the gap between generations and cultures"(弥合了世代和文化之间的差距):

"bridge the gap" 意为 "弥合差距", 强调了文学作品在不同时代和文化之间建立联系的作用。

"reflecting my own thoughts and feelings" (反映了我的思想和感情):

"reflecting" 意为 "反映" 或 "表现", 指的是文学作品如何与作者의思想和感情产生共鸣。

"challenge my perspectives, broaden my horizons"(挑战我的观点, 拓宽我的视野):

"challenge my perspectives" 意为 "挑战我的观点", 表示文学作品能够引发作者对世界观的思考。

"broaden my horizons" 意为 "拓宽我的视野", 表示文学作品能够让作者了解更广泛의知识和观点。

"a source of wisdom and a compass guiding me through the complexities of life" (智慧的源泉和指引我穿越生活复杂性的指南针):

"a source of wisdom" 意为 "智慧的来源", 强调文学作品中蕴含的深刻智慧。

"a compass guiding me through the complexities of life" 意为 "指引我穿越生活复杂性的指南针", 表示文学作品在作者生活中扮演了引导和指引的角色。

这些词汇和句型丰富了文章的表达方式, 使其更具深度和感情。文章通过这些高级词汇和句型生动地表达了作者对经典文学作品的热爱和它们对自己的深刻影响。

2024 届上海市松江区高三上学期一模英语试题

Improving Usage of the English Reading Room

Dear Mr. James,

I hope this email finds you well. I wanted to share my thoughts on the current state of the English Reading Room at Mingqi High School and suggest some improvements to enhance its usage.

Firstly, one of the reasons for the low usage of the English Reading Room is the lack of awareness among students. Many students are either unaware of its existence or are unclear about its purpose and available resources. Therefore, it's crucial to increase awareness through regular announcements, posters, and classroom presentations, emphasizing the benefits of using the Reading Room for improving English language skills and fostering a reading habit.

Secondly, the current layout and atmosphere of the Reading Room could be made more inviting. It feels somewhat outdated and unappealing. By creating a cozy and welcoming ambiance with comfortable seating, modern decor, and proper lighting, students would be more inclined to spend time there. Additionally, having a variety of English books, magazines, and newspapers that cater to different interests and reading levels would make it more appealing to a broader range of students.

Furthermore, organizing events like book clubs, reading challenges, or guest author sessions can make the Reading Room a lively and engaging place for students. These activities can foster a sense of community and enthusiasm for reading among the students.

In conclusion, by addressing the issues of awareness, ambiance, and engagement, we can significantly improve the usage of the English Reading Room. I believe that with

these enhancements, more students will benefit from the resources available and develop a love for reading in English.

Thank you for considering these suggestions, and I look forward to seeing positive changes in our Reading Room.

Sincerely,

Wu Lei

解析

"the English Reading Room"（英文阅览室）：

"Reading Room" 意为 "阅览室"，强调了该空间的专门用途。

"the low usage of the English Reading Room"（英文阅览室使用率不高）：

"low usage" 意为 "使用率低"，表示该阅览室的利用率较低。

"increase awareness through regular announcements, posters, and classroom presentations"（通过定期公告、海报和课堂演示提高意识）：

"increase awareness" 意为 "提高意识"，表示让更多的学生知道阅览室的存在。

"classroom presentations" 意为 "课堂演示"，强调在教室内进行的宣传方式。

"a cozy and welcoming ambiance"（舒适和欢迎的氛围）：

"cozy" 意为 "舒适的"，形容阅览室的氛围。

"ambiance" 意为 "氛围"，描述了阅览室的整体感觉。

"a variety of English books, magazines, and newspapers"（各种各样的英语书籍、杂志和报纸）：

"a variety of" 意为 "各种各样的", 表示多样性和选择性。

"organizing events like book clubs, reading challenges, or guest author sessions" (组织像书友会、阅读挑战或嘉宾作家会议等活动)：

"organizing events" 表示组织各种活动，以吸引学生。

"guest author sessions" 意为 "嘉宾作家会议", 指的是邀请作家来参与讨论或讲座。

"foster a sense of community and enthusiasm for reading" (培养社群感和阅读热情)：

"foster" 意为 "培养" 或 "促进", 描述了活动的目标。

"sense of community" 意为 "社群感", 表示希望通过活动建立一个社交群体的感觉。

这些高级词汇和句型使文章更具表达力和说服力，同时传达了作者对英文阅览室的改进建议的专业性和热情。文章通过这些语言元素清晰地表达了作者的观点和建议。

2024 届上海市徐汇区高三上学期一模英语试题

"Cultural Reflections: Dragon Boat Festival vs. Christmas"

As a student of Zhonghua Middle School, I observe a renewed interest in Chinese traditional culture, particularly our festivals, which are rich in history and philosophical depth. For instance, the Dragon Boat Festival, compared to the Western holiday of Christmas, offers a unique perspective on cultural values.

The Dragon Boat Festival, with its dragon boat races and zongzi, is deeply rooted in Chinese history. It commemorates the patriotic poet Qu Yuan, reflecting the values of loyalty and sacrifice for the greater good. This festival is a time for both remembrance and celebration, emphasizing respect for tradition and community spirit.

In contrast, Christmas, while also a time for family and community, centers around the celebration of Jesus Christ's birth. It's characterized by gift-giving and festive

decorations, highlighting themes of generosity and goodwill.

Through these festivals, I understand that Chinese culture deeply values respect for the past and the collective, whereas Western culture often emphasizes individual joy and giving. Both, however, share a common thread of bringing communities together, demonstrating that despite our cultural differences, we cherish similar human values.

解析

Cultural Reflections（文化反思）：这个短语作为标题，体现了文章的核心主题，即通过比较不同文化的节日来进行文化上的思考和反思。

Renewed interest（重新增加的兴趣）：这个短语描述了对中国传统文化兴趣的增加。"Renewed" 强调了这是一种重新出现或增强的兴趣。

Philosophical depth（哲学深度）：这个短语用来形容中国传统节日所蕴含的深刻哲学思想和意义。

Commemorates（纪念）：这个词用来描述节日的目的或意义，特别是为了纪念历史上的人物或事件。

Patriotic poet Qu Yuan（爱国诗人屈原）：这里提到了屈原，强调了端午节的历史和文化背景。

Values of loyalty and sacrifice（忠诚和牺牲的价值观）：这个短语用来描述端午节所传达的核心价值观。

Characterized by（以...为特征）：这个短语用来描述某事物的主要特点或特征。

Themes of generosity and goodwill（慷慨和善意的主题）：这个短语用来说明圣诞

节所强调的核心主题。

Common thread（共同点）：这个短语用来指出两种不同文化之间的相似之处。

Cherish similar human values（珍视相似的人类价值观）：这个短语用来强调不同文化间共有的价值观念。

这些高级词汇和句型丰富了范文的内容，使其更加深刻和有说服力。通过使用这些表达，文章更加生动和具有文化深度。

2024 届上海市长宁区高三上学期一模英语试题

"The Relevance of Language Learning in the Age of AI"

In an era where artificial intelligence (AI) is advancing rapidly, transforming numerous sectors including translation, the question arises: is there still a need to learn foreign languages? Despite the remarkable capabilities of AI translation software, I firmly believe that learning foreign languages remains crucial for several reasons.

Firstly, while AI can translate words and phrases, it often lacks the ability to fully grasp and convey cultural nuances and idioms that are intrinsic to every language. Language is not just a tool for communication; it's a gateway to understanding a culture deeply. Human interactions, especially in multicultural contexts, benefit from this depth of understanding, fostering empathy and connection that AI cannot replicate.

Secondly, learning a language enhances cognitive abilities. It improves memory, problem-solving skills, and even creativity. These skills are valuable in various aspects of life and work, and they cannot be outsourced to technology. The process of learning a language itself is a rewarding journey that contributes to personal growth

and cognitive development.

Moreover, in the globalized world, the ability to communicate in multiple languages is a significant asset. It opens doors to international opportunities in business, diplomacy, and global cooperation. While AI can assist in bridging language barriers, the human element in these interactions is irreplaceable. Personal fluency allows for spontaneous and meaningful exchanges that technology cannot fully emulate.

Lastly, relying solely on AI for translation creates a dependency on technology, which might not always be reliable or available. The knowledge of a language empowers individuals to navigate different environments independently.

In conclusion, the rise of AI translation does not diminish the value of learning foreign languages. Instead, it complements it. The cultural insight, cognitive benefits, international opportunities, and independence gained from language learning are aspects that AI cannot replace. Therefore, the pursuit of language learning remains as relevant and valuable as ever in our increasingly connected world.

解析

Cultural nuances（文化细微差别）：这个短语用来描述文化之间微妙且重要的差异。"Nuances" 指的是那些不易察觉但非常关键的特点或细节。

Intrinsic to（固有的）：这个短语意为某事物自然而然地包含或固有的特性。

Fostering empathy and connection（培养共情和联系）：这个短语用来描述学习语言能增进理解和感情的联系。

Cognitive abilities（认知能力）：这个短语指的是大脑处理信息、理解问题和解

决问题的能力。

Outsourced to technology（外包给技术）：这个表达是指将任务或职责交给技术工具来完成。

Globalized world（全球化的世界）：这个短语描述了世界各地越来越相互依赖和联系现状。

Irreplaceable human element（不可替代的人类因素）：这个短语强调在某些领域人类的作用是无法被技术完全取代的。

Personal fluency（个人流利度）：这里指的是个人在使用一种语言时的流畅程度。

Dependency on technology（对技术的依赖）：这个短语用来描述人们对技术工具的过度依赖。

Complements it（补充它）：这个短语表示一件事物或情况为另一件事物增加价值或特性。

这些高级词汇和句型在文章中用来传达复杂的观点和深入的分析，它们不仅丰富了文章的内容，也使文章的表达更加精准和有力。

2024 届上海市嘉定区高三上学期一模英语试题

Concerns Regarding the Installation of Escalators in Natural Scenic Areas

Dear Editor,

I am Li Hua, a high school student from Mingqi Middle School. Recently, I read an article in your newspaper about a tourist spot that has installed escalators between mountain paths to provide a "pain-free" climbing experience for visitors. This initiative, aimed at alleviating the physical strain of hiking, intrigued me and

prompted me to share my thoughts.

While the concept of installing escalators in a natural setting is innovative, and undeniably increases accessibility for those who might find traditional hiking challenging, I am concerned about the impact this may have on the environment and the essence of outdoor exploration. Part of the allure of hiking is the physical effort it requires and the sense of achievement that follows reaching the summit. By replacing this with escalators, we risk diluting the very experience that draws many people to these natural landscapes.

Additionally, the environmental impact of such installations cannot be overlooked. Escalators, though convenient, require significant energy to operate and maintain. Their presence in a natural setting could disrupt local wildlife and alter the area's ecosystem. Moreover, the visual and auditory impact of such machinery detracts from the serene experience that nature offers.

In conclusion, while I understand the intention behind making nature more accessible, I believe it is crucial to preserve the authenticity of outdoor experiences. We should strive for a balance that maintains the natural beauty and integrity of our landscapes while making them accessible. Perhaps alternative solutions, such as better-designed walking paths or guided tours, could be considered to cater to a wider range of visitors without compromising the environment.

Thank you for shedding light on this significant issue, and I look forward to more discussions on sustainable and responsible tourism in your esteemed publication.

Sincerely,

Li Hua

解析

Intrigued me（激起了我的兴趣）：这个短语用来表达某件事物引起了强烈的兴趣或好奇心。"Intrigued" 表示被深深吸引。

Prompted me to share（促使我分享）：这个表达用于说明某个因素激发了作者采取行动，即分享他的想法。

The allure of hiking（徒步旅行的魅力）：这里“allure”指的是徒步旅行吸引人的特质或魅力。

Diluting the very experience（稀释了这种经历本身）：“Diluting” 在这里用于形容减少或削弱原本经历的价值或强度。

Environmental impact（环境影响）：这个短语用于讨论某种活动对环境可能产生的正面或负面效应。

Disrupt local wildlife（干扰当地野生动物）：这里的“disrupt”描述了人为活动对自然环境和生物的干扰。

Serene experience（宁静的体验）：“Serene” 用来形容一种平静、宁静的状态或体验。

Strive for a balance（努力寻求平衡）：这个短语强调了在两种相对立的事物之间寻找中间点的过程。

Maintains the natural beauty and integrity（保持自然美和完整性）：这里讨论的是保护自然环境的原始状态不受破坏。

Sustainable and responsible tourism（可持续和负责任的旅游）：这个短语强调了

旅游活动在环保和社会责任方面的考虑。

这些高级词汇和句型在文章中提供了深入的分析 and 复杂的观点表达，增强了文章的说服力和深度。

2024 届上海市浦东区高三上学期一模英语试题

"Reviving the 'Lost' Break Time in Schools"

The recent debates over the "disappearing ten-minute break" in schools have caught my attention. This trend, where students are confined to their classrooms during breaks for reasons other than restroom visits or drinking water, warrants a closer examination.

The underlying reasons for this phenomenon seem to be multifaceted. Primarily, schools might be aiming to maintain discipline and order, believing that restricting movement reduces noise and potential disruptions. Additionally, there is an increasing emphasis on academic achievement, prompting schools to utilize every possible minute for educational activities, sometimes at the expense of leisure and relaxation.

Reflecting on my own experiences, these short breaks were not just pauses in academic rigors; they were vital for social interaction and mental rejuvenation. I remember the laughter and conversations with classmates, quick games, or just the chance to stretch and breathe, all of which significantly contributed to my overall well-being and readiness to learn.

To "awaken" these ten-minute breaks, schools should recognize the importance of this time for students' mental and social health. Introducing structured yet flexible activities like mini-workshops, meditation, or even free time for socializing can be beneficial. Encouraging teachers to lead by example, perhaps with light exercises or

interactive discussions, could also revitalize these breaks.

In conclusion, the ten-minute break is more than a mere interval; it's an essential component of the school day that contributes to a balanced and holistic educational experience. Prioritizing student well-being and acknowledging the value of these breaks can significantly enhance the learning environment.

解析

Warrants a closer examination（值得更仔细的考察）：这个短语用于表达某个话题或问题需要更深入的分析或调查。

Multifaceted reasons（多方面的原因）：“Multifaceted”描述事物具有多个方面或层次，这里用来说明这个现象背后有多种原因。

Maintain discipline and order（维护纪律和秩序）：这个短语用于表述学校采取某些措施的目的，即保持学生的行为规范和教室秩序。

Emphasis on academic achievement（对学业成就的强调）：这里指学校或教育体系重视学生的学术表现。

Vital for social interaction and mental rejuvenation（对社交互动和精神恢复至关重要）：“Vital”指极其重要，这里用来强调课间休息对学生的社交和心理恢复的重要性。

Structured yet flexible activities（有组织但灵活的活动）：这个短语描述的是既有一定组织性又不失灵活性的活动。

Lead by example（以身作则）：指通过自身行为作为榜样来影响他人。

Revitalize these breaks（使这些休息时间焕发活力）：“Revitalize”指重新注入活力或生命力，这里用于描述使课间休息变得更有活力和意义。

Essential component of the school day（学校日程的重要组成部分）：这个短语用来强调课间休息在学校日常生活中的重要性。

Holistic educational experience（全面的教育体验）：“Holistic”强调整体性，这里指的是包括学术学习和个人发展在内的全方位教育体验。

这些高级词汇和句型在文章中提供了深入的分析 and 复杂的观点表达，增强了文章的说服力和深度。

2024 届上海市普陀区高三上学期一模英语试题

Embrace the Opportunity: Sharing Chinese Culture in London

Dear Michael,

I was thrilled to hear about your participation in the Chinese Culture Festival in London! It's a wonderful opportunity for you to showcase the rich heritage of China. I understand your hesitation, but remember, your enthusiasm and interest in Chinese culture itself is a great starting point. You've always been keen on learning and sharing cross-cultural insights, and this event is a perfect platform for that.

Regarding the theme, I would recommend you focus on "Chinese Traditional Festivals." This theme offers a colorful tapestry of China's history and traditions. Festivals like the Spring Festival, Mid-Autumn Festival, and Dragon Boat Festival are not only celebrated with great fervor in China but also resonate globally due to their universal themes of family, harmony, and the celebration of ancient traditions. These festivals, with their unique customs, food, and folklore, are windows into the Chinese way of life and offer a fascinating narrative that can engage a diverse audience.

Moreover, exploring traditional festivals will allow you to incorporate various elements such as stories, music, and even traditional foods, making your presentation interactive and engaging. This approach will not only enlighten your audience about the festivals themselves but also provide a broader understanding of Chinese culture and values.

Confidence comes with preparation, and I have no doubt that your dedication and passion will make this a memorable experience for you and your audience. Embrace this journey, and I am sure you will do wonderfully.

Best regards,

Wu Lei

解析

Thrilled（非常兴奋）：这个词用来表达强烈的兴奋或高兴的感觉。

Showcase the rich heritage（展示丰富的遗产）：这个短语用来描述展示或呈现某种文化、历史的丰富性和深度。

Cross-cultural insights（跨文化洞察）：指从不同文化角度获得的深入理解或看法。

A perfect platform（一个完美的平台）：这里用来形容一个理想的场合或机会来展示或表达某事。

Tapestry of history and traditions（历史和传统的丰富多彩）：“Tapestry”在这里比喻地表示中国传统节日在历史和传统文化传统方面的多样性和复杂性。

Resonate globally（在全球产生共鸣）：这个短语用来表达某一主题或理念在不同文化和地区之间引起的共鸣或共同反响。

Windows into the Chinese way of life（通往了解中国生活方式的窗口）：这里用“窗口”来比喻节日作为了解中国文化的一个途径或方法。

Fascinating narrative（迷人的叙述）：“Narrative”在这里指的是讲述或呈现信息的方式，用“迷人的”来形容这种叙述吸引人并引起兴趣。

Interactive and engaging（互动且吸引人的）：这个短语用于形容活动或表达方式既能引起参与者的参与也能吸引他们的注意。

Confidence comes with preparation（信心源于准备）：这是一个表达信心与准备工作之间关系的短语，意味着好的准备可以增强信心。

这些高级词汇和句型在文章中提供了深入的分析 and 复杂的观点表达，增强了文章的说服力和深度。

2024 届上海市杨浦区高三上学期一模英语试题

Dear fellow students,

Today, I want to address a topic that touches many of us deeply – bullying. It's disheartening to know that about 20% of students aged 12 to 18 in the United States have experienced bullying. This isn't just a statistic; it represents real individuals, many of whom walk the same hallways as we do.

Bullying leaves more than just physical wounds; it can scar our youth and shape our perceptions of the world. It's disturbing to learn that 56% of bullied students felt that their bullies could influence how others see them. This power dynamic, where someone's perception is controlled by another, is unacceptable. It strips individuals of

their confidence and can lead to long-lasting psychological impacts.

Moreover, 40% of those bullied believed their bullies were physically stronger, while 31% thought their bullies had more money. This reflects a society where power and material wealth are used to intimidate and dominate, which is contrary to the values of respect and equality that we are taught.

As a community, we must stand together against bullying. We should cultivate an environment where everyone feels safe and valued, regardless of physical strength, financial status, or any other factor. It's crucial that we support each other, speak up against injustice, and strive to be kind and understanding.

Let's not allow bullying to become a scar of our youth. Instead, let's work together to heal, learn, and grow from these experiences, building a stronger and more compassionate community.

Thank you.

解析

Disheartening（令人沮丧的）：这个词用来形容某件事情令人感到失望或气馁。

Power dynamic（权力动态）：这个短语用来描述不同个体或群体之间的权力关系和互动。

Unacceptable（不可接受的）：这个词用于表达强烈的不认可或反对某种行为或情况。

Strips individuals of their confidence（剥夺个人的自信）：这个短语形容某种行为

或环境使人失去自信。

Long-lasting psychological impacts（长期的心理影响）：这里指的是某些经历或事件对个人心理健康产生持久的负面影响。

Cultivate an environment（培养一个环境）：这个短语用来描述创造和维护一个特定类型的社交或工作环境的过程。

Regardless of（不管，不顾）：这个短语用于表达“不受某事物影响”或“不考虑某事物”的含义。

Speak up against injustice（对不公正发声）：这个短语鼓励人们在面对不公正时勇敢地表达自己的观点。

Strive to be（努力成为）：这个短语用来描述为达到某个目标或状态而努力。

Heal, learn, and grow（愈合、学习和成长）：这个短语用于形容从经历中恢复、获取知识和个人成长的过程。

这些高级词汇和句型在文章中提供了深入的分析 and 复杂的观点表达，增强了文章的说服力和深度。